

TOWN OF BARNSTABLE  
BARNSTABLE RECREATION DIVISION  
PATTI MACHADO

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Dear Water Safety Staff Applicant,

On Saturday, **June 2<sup>nd</sup>, 2018** the Town of Barnstable Recreation Division will conduct tryouts for prospective 2018 Water Safety Staff. You must complete the test on one of these dates with an 80% or better **in each area** to be considered for any Lifeguard, Lifeguard/Swim Instructor, Head Lifeguard, Head Swim Instructor or, Sailing Instructor Position.

Qualifications required for these positions are Lifeguard Training (including First Aid) for Waterfront, CPR for the Professional Rescuer, Red Cross Certification and Water Safety Instructor Certification (preferred for hire).

All Water Safety Staff must be 17 years of age or older (16 years of age with one season as a Lifeguard Aide and approved prior to this season), with the exception of the Lifeguard Aide Position, which requires all the same certifications but you are eligible at age 15 years of age. All positions will be filled post May 7th.

You **must** contact the Office immediately to let the Division know which tryout you will be attending. Also, leave a phone number where you can be reached. Application for hire will be accepted beginning March 1<sup>st</sup>, not before this date.

The Tryout is as Follows:

**Barnstable Senior Center (on Route 28 next to BIS Hyannis) – at 8:30am**

Interview #1 = 10%

Interview #2 = 10%

CPR Demonstration = 15%

First Aid Demonstration = 15%

Written Test = 10%

**YMCA (on Route 132 just off Route 6, at 12:45pm)**

In the pool by 1pm

500 yd. Swim under 10 minutes = 10%

(200 yds must be Front Crawl w/rhythmic breathing)

Mock Rescue = 15%

25 yard sprint under 17 seconds = 5%

2 min. Tread with arms under pits = 3%

Spinal Management (deep & shallow water) = 4%

20 yd Swim surface dive retrieve 10 lb. Object 20 yd swim exit under 1 Minute and 40 seconds – 3%

If you finish the 500 yd swim under **12 minutes**, but not under 10 minutes as required, you can then try a 1-mile run, which must be completed in less than 8 minutes. This will be set up at a different time. This will also have a bearing on job placement. It is your responsibility to complete the entire tryout.

We will take the best applicants for each position.

Anyone who tries out and is unhappy with a score in areas (except: interviews or written test) may return to the second tryout to try to improve.

We look forward to seeing you at tryouts.

Sincerely,  
Tim McGrath  
Aquatics/Program Coordinator